



# HOWL-O-WEEN HUSTLE

## 5K & 1 Mile Walk/Run, 8K Run

### Starts at 10:30 AM

# Saturday, October 26, 2019

Sponsored by:

UEA Staywell



**LOCATION:** Lake St. Clair Metropark  
31300 Metro Parkway  
Harrison Township, MI 48045 (586) 463-4581

### EVENT FEATURES

- Long sleeve Tech shirt & Finisher medal
- Hoodie Option (\$8 additional)
- Scenic lake view
- DJ & Costume Contest with lots of prizes
- Post Race food/drink

### AWARDS & RESULTS

- Bib tag timing with QR code for immediate results
- Age Group Awards
- Overall and Masters Male & Female Winners
- Results posted on [runmichigan.com](http://runmichigan.com) & [www.howloweenhustlerun.com](http://www.howloweenhustlerun.com)

## VIRTUAL RUN OPTION!

Check website for details

### ENTRY FEES: See Section #6 below

- Only pre-registered guaranteed a Tech shirt
- Daily Park Vehicle entry is \$10 without annual Metropark Pass

### PACKET PICKUP & RACE DAY REGISTRATION

- Oct. 24 - Time and Location on <http://www.howloweenhustlerun.com>
- Oct. 26, 8:30-10:25 a.m. - Lake St. Clair Metropark (Welsh Activity Center)

### MAIL COMPLETED FORM & PAYMENT TO:

UEA Staywell - Attn. Nancy Smith  
55161 Whitney Dr., Shelby Twp., MI 48315

Proceeds benefit: Macomb Food Program, 4 Paws 1 Heart

Event Information: <http://www.howloweenhustlerun.com>

Online Registration at: [raceroster.com/22729](http://raceroster.com/22729)

**1**

First Name

Last Name

Address

City  State/Province

U.S. Postal Code (Zip Code)  -  Postal Code (If other than U.S.)

Area Code & Daytime Phone  -  -

E-mail

**6**

### CHOOSE YOUR EVENT & COST

Check Event	Through 10/2	10/3 thru 10/24	Race Day
<input type="checkbox"/> 5K Walk/Run	\$27	\$30	\$35
<input type="checkbox"/> 1 Mile Walk/Run (Untimed)	\$20	\$23	\$25
<input type="checkbox"/> Kids 5K (12 & Under)	\$20	\$23	\$25
<input type="checkbox"/> 8K Run	\$27	\$30	\$35
<input type="checkbox"/> Hoodie (\$8 Additional)			

All entry fees are non-refundable  
Mail in entry through 10/24

**2**

Age Race Day

Birth Date  /  /

MO DAY YR

Gender M  F

**3**

**4**

**5**

### Unisex Shirt Size Information (Check One)

Adult Sizes  S  M  L  XL  \*2XL

Youth Sizes  S (6-8)  M (10-12)  L (14-16)

Adult Hoodie  S  M  L  XL  \*2XL  
(\$8.00 additional)

\*2XL is an additional \$2.00

**7**

### RELEASE FORM

• Only Complete Entry Forms Accepted •

APPLICATION WILL NOT BE PROCESSED WITHOUT SIGNATURE

WAIVER & RELEASE FROM LIABILITY: I know that running/walking is a potentially hazardous activity. I should not run/walk unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to, fall, contact with other participants, the effects of weather, traffic and road conditions. Having read this release and having agreed to its contents, I for myself and anyone entitled to act on my behalf, waive and release all promoters, representatives, agents, sponsors, municipalities, and participants from claims or liabilities of any kind. I acknowledge that there are NO REFUNDS. Finally, I grant permission to use any photographs and/or releases of this event for any legitimate purposes.

Athlete Signature (or Parent, if under 18):

<input type="text"/>	<input type="text"/>
Signature	Date